

Patient Referral Questionnaire

The following questions are to determine if the patient is a candidate for the Boost Rehab program, an interdisciplinary rehabilitation program. These questions directly correlate to the Louisiana Office of Workers' Compensation, Pain Medical Treatment Guidelines – Chapter 21. Below each question, bold and marked with an asterisk, is the referenced guideline associated to the question. The questions have been answered via analysis of the patient's medical records.

RE:

Claim #:

1) Has the patient had persistent pain for at least 30 days beyond the usual course of: (Please check if any apply)

An acute disease

Reasonable time for an injury to heal

Pain associated with a chronic pathological process that causes continuous pain

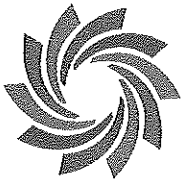
***The guidelines define any of the 3 as the definition of Chronic Pain**

2) Has the patient developed habits that exacerbate and maintain sleep disturbances? (If yes, please explain)

Yes

No

***Disturbances in sleep are common in chronic pain**



3) When did treatment for the injury begin?

***Treatment parameter duration time frames for specific interventions commence once treatments have been initiated, not on the date of injury.**

4) Does the patient suffer from: (check all that apply)

Irreversible pain - Musculoskeletal

Irreversible pain- Neurological

Other chronic painful disorders and psychological issues including: drug dependence, high levels of stress and anxiety, failed surgery, and pre-existing or latent psychopathology

If other is checked, please specify disorders and/or issues the patient suffers from:

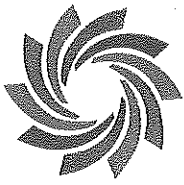
***Interdisciplinary programs deal with irreversible, painful musculoskeletal, neurological, and other chronic painful disorders and psychological issues.**

5) Is the patient failing to make expected progress 6 to 12 weeks after injury?

Yes

No

***Delayed recovery strongly considers initiating interdisciplinary rehabilitation treatment and vocational goal setting, for those patients who are failing to make expected progress 6 to 12 weeks after an injury.**



6) Has the patient been temporarily totally disabled for more than 6 months?

Yes

No

***Guidelines state, prognosis drops quickly for returning an injured worker to work once a person has been temporarily totally disabled for more than six months.**

7) Has the patient responded to less intensive modes of treatment?

Yes

No

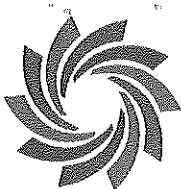
***Interdisciplinary rehabilitation programs are the gold standard of treatment for individuals with chronic pain who have not responded to less intensive modes of treatment.**

8) Has the patient had surgical interventions or other medical complications? (If yes, please explain)

Yes

No

***The OWCA recommends consideration of referral to an interdisciplinary program within 6 months post-injury in patients with delayed recovery unless surgical interventions or other medical complications intervene.**



9) List all therapies the patient has received during acute management:

***Formal interdisciplinary programs are recommended for most chronic pain patients who have received multiple therapies during acute management.**

10) Does the patient's limitations interfere with their: (check all that apply)

Physical functioning

Psychological functioning

Social functioning

Vocational functioning

***Interdisciplinary programs can benefit persons who have limitations that interfere with their physical, psychological, social, and/or vocational functioning.**

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