



Sample Boost Rehab Schedule – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
				Staffing	
8:30am – 9:30am	PT Group	PT Group	PT Group	PT Group	PT Group
9:30am – 10:45am	Psych Group	Psych Group	Psych Group	Psych Group	Psych Individual – 3 Patients @ 25 min
10:45am – 11:00am	Break	Break	Break	Break	Break
11:00am – 12:00pm	PT Activity	PT Activity	PT Activity	PT Activity	PT Activity
12:00pm – 1:00pm	Lunch – 2/week Nutritional Group	Lunch – 2/week Nutritional Group	Lunch – 2/week Nutritional Group	Lunch – 2 week Nutritional Group	Lunch – 2/week Nutritional Group
1:00pm – 2:15pm	Job Placement	Nutritional One:One	Job Placement	Nutritional One:One	Nutritional One:One
2:15pm – 2:30pm	Break	Break	Break	Break	Break
2:30pm – 3:30pm	PT Activity	PT Activity	PT Activity	PT Activity	PT Activity
3:30pm – 4:30pm	Flex Time Positional/ Nutritional	Flex Time Positional/ Nutritional	Flex Time Positional/ Nutritional	Flex Time Positional/ Nutritional	Flex Time Positional/ Nutritional
5:30pm – 7:00pm		Psych Group Family			